

Pregnancy Treatments

Pre-Natal Treatment **£55.00**

This total body treatment has been carefully designed for pregnant women and nursing mothers to aid comfort and relaxation

Express Pre-Natal Body Treatment **£37.50**

Includes mini-back massage, and foot exfoliation and massage. Finishes with an Oriental Scalp Massage.

Express Pre-Natal Face Treatment **£37.00**

Includes mini facial, and foot exfoliation and massage. Finishes with an Oriental Scalp Massage.

Specialist Treatments

Holistic Aromatherapy Luxury Back, Face & Scalp Massage **£56.00**

The back is cleansed, exfoliated and massaged, followed by an aromatherapy facial, and ends with an Oriental Scalp Massage. A lovely treatment.

Relaxing Facial **£40.00**

A treatment all about relaxation. Receive a deeply relaxing back massage followed by a cleanse and massage to the face, neck and shoulder, finishing with an Oriental Scalp Massage.

Mind, Body & Soles **£36.00**

Firstly, your feet are treated to a scrub before being massaged. Moving on to a Oriental Scalp Massage before finishing with a deeply relaxing back massage.

Stimulating Hip & Thigh Treatment **£42.50**

A super treatment to improve the appearance of problematic areas using a combination of massage techniques. For improved results, this treatment is recommended as a course of four treatments over a two week period, then as often as is required.

*Book a course of 4 treatments for the discounted rate of £150.00

Reflexology **£28.00**

A pressure point massage on the reflexes of the feet, corresponding to the areas of the body which help to restore balance to both body and mind.